

BIOGRAPHY



Vigdis has been involved in various forms of volunteer projects over the years. This has taken her around the world, and she has lived in South Korea, Scotland, the USA, and in England, where she raised her family. In year 2000, she moved back to Norway, where she is from, and both she and her two children now live in the Oslo area.

She retired at the end of January 2022 from her professional work, but will keep her course and seminar business going.

Her career has given her broad experience in accounting and finance, computer applications, sales, marketing, and administration. She has worked in Diagnostica, a company that develops medical equipment in Norway, American based companies such as Abbott, News World Communications and Intermoor, as well as having started and run a company that sold pedagogic software for kindergartens and elementary schools.

In 2017, she established Imaginations, which is a company that offers online personal empowerment courses as well as live seminars.

Vigdis describes herself as being organised, independent, flexible, and sociable. She also likes challenges, working independently and bringing people together.

She lives a very active life, and apart from holding courses and seminars, you will find her playing golf and tennis, fishing, going for long walks every day and skiing both downhill and cross country during the winter.

Reference: Tom McDevitt, Washington Times
Email Vigdis if you need the telephone number.



Vigdis' passion is personal empowerment, and the text below is from her course and seminar website.

I was always intrigued and inspired by people who could prosper, make their fortune, be successful and have a happy life totally against all odds. Maybe their background was poor, without much education. Perhaps they were told by their parents or friends that they were no good, and would never make it in life.

One person would take all the persecution to heart and become no good, even a burden to society, while another person in the same situation would rise above it all, and have a better life than you and me.

During the last 40 years, I have researched and explored from many different angles the power of the mind and what prevents us living the life we really want to live. Whether it is science, quantum physics, religion, spirituality or new age, there are certain common denominators which I share in my courses.

For the longest time, I have held self-empowerment seminars in the UK and Norway, as well as given talks at conferences around Europe based on the content of my website.

The purpose and goal of my course series is to provide a way for you to work yourself through all the obstacles in your life right now, and get in touch with who you really are deep inside. In so doing, you are sure to experience a state of love, joy, and happiness, and in turn share and reflect this back into your families and environment.

Vigdis Parkins